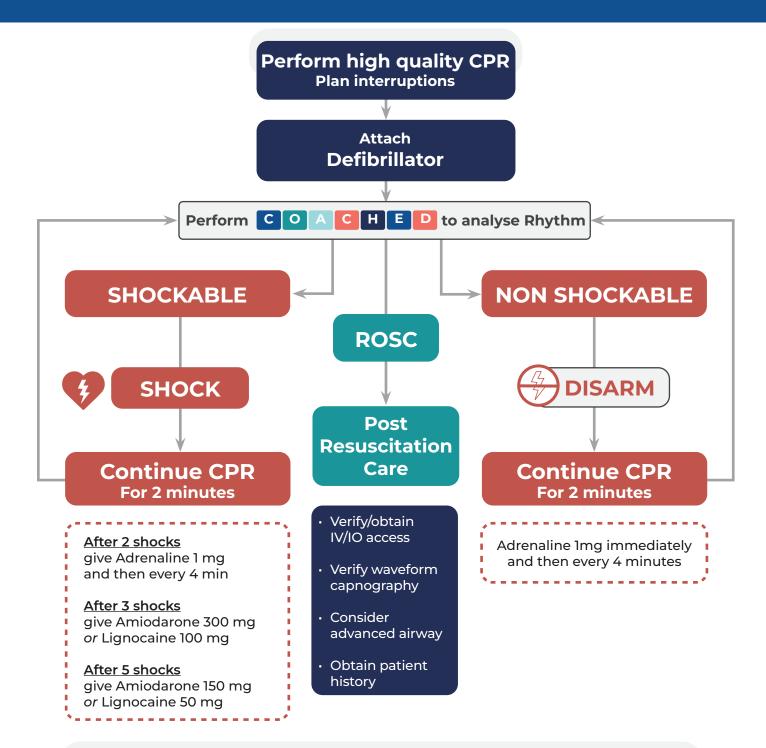
Adult Advanced Life Support



Consider and correct reversible causes (4Hs and 4Ts; or special circumstances)

- Hypoxia
- · Hypovolaemia
- Hypothermia or hyperthermia
- High or low electrolytes (K⁺, Ca²⁺, Mg²⁺) and metabolic disorders
- Post Resuscitation Care
- Re-evaluate ABCDE
- Treat precipitating cause
- Optimise oxygenation & ventilation SpO₂ 94-98%, normocapnia
- Optimise perfusion
- · Aim for normoglycaemia and normothermia
- 12 lead ECG plus CXR

- Tension pneumothorax
- Tamponade
- Toxins
- Thrombosis (pulmonary or coronary)

